



Our shared vision is of a school that enables each student to achieve their potential within a learning environment that is

SAFE POSITIVE RESPECTFUL
INCLUSIVE WELCOMING

Principal: Mrs Sue Andrew
Phone: 8583 2386
Term 2 Week 6 June 8 2018

TERM DATES 2018

Term 2

April 30 — July 6

Term 3

July 23 — September 28

Term 4

October 15 — December 14

Upcoming Events

Monday June 11—Public Holiday

**Monday June 18—
Governing Council 6.30pm**

**VOLUNTEER
AWARD**

Last week was National Volunteer Week. At the Biggest Morning Tea we were able to recognise the fantastic volunteer work of Jenny Johnson. Jenny is always keen to work at Breakfast Club and school functions.

THANKS JENNY



GOALPOSTS FOR FOOTBALL

Thank you to Don Erceg and our groundsman Chris Johnson for erecting our new football goal posts. They look fantastic and our students love them.



JAPANESE TEACHERS VISIT OUR SCHOOL

It was great to have our Japanese teachers Casey Hall and Meagan Zander visit our classes yesterday.

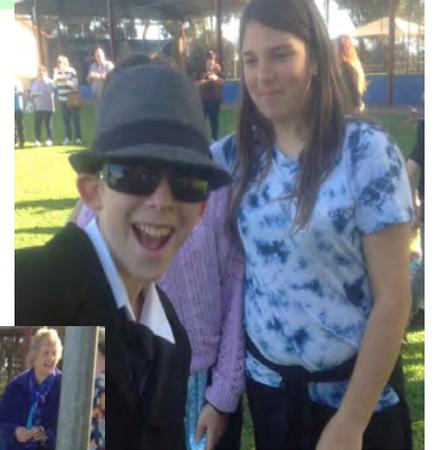
歓迎

Welcome



BIGGEST MORNING TEA

Thank you to all our parents who contributed and attended our Biggest Morning Tea. We raised **\$176. WOW!** This was the largest amount we have ever raised. Well done to the SRC and Mrs Bland for organisation and the 6/7 class and Mrs Oates for setting up and Mrs Wharton and Jenny Johnson for their assistance



GLOSSOP COMMUNITY PRESCHOOL

PRESCHOOL SURVEY

Our Preschool is a new service and is a newly designed centre, adjacent to our R-2 class. It provides a fantastic transition to schooling. We have a survey attached to the Newsletter to ascertain community perception and information of days of service. We welcome your input. If you know of any families with young children please ask them to put in their ideas. Surveys can be returned to school with your child, or drop into the office.



The Glossop Community Preschool were very lucky to have the 6/7 class visit us for lunch last week. The children cooked pumpkin soup and cheese and carrot muffins. They enjoyed setting up and serving the class. All of the children loved exploring the preschool and interacting with the preschool children.

Hello everyone,

I hope you are well. The cold weather is setting in and there seems to be a lot of colds and flus around. Here are a few ideas to help avoid getting sick:

- * **Wash your hands regularly** with soap to avoid germs being spread for you and for others around you.
- * **Get plenty of sleep** ~ you need more sleep when you're feeling under the weather, so your body has a chance to fight any bugs and to help you recover.
- * **Build up with healthy food** ~ eating plenty of fresh fruit and vegetables supports your immune system. And that's a lot easier than fighting off the flu.
- * **Work out** ~ working out regularly enhances the immune function.
- * **Stay away** ~ keep your distance from people displaying symptoms like sneezing and coughing.

IF YOU ALREADY HAVE A COLD OR FLU, HERE ARE SOME WAYS TO GET BETTER QUICKER:

- * **Take some alone time** ~ stay home and take care of yourself. You'll recover quicker, as well as not spreading the germs to others.
- * **Watch your symptoms** ~ if it goes from a simple sniffle to a raging sickness, it's best to contact your doctor.
- * **Drink plenty of water** ~ it's important to keep your body hydrated and help flush out germs.
- * **Dispose of old tissues** ~ As soon as you have used a tissue throw it out and wash your hands, so that you don't carry any of the germs. If you keep using the same tissue, you may be furthering the cold.

Here is a drink recipe I use to help ward off colds and also help with recovery if I get a cold:

Remedy for colds and flus:

2 tablespoons apple cider vinegar (with the 'mother')

A squeeze of fresh lemon juice

1 teaspoon of honey (optional)

Fill up glass with water and drink!

I hope this is helpful.

Stay warm and healthy!

Best wishes,

Erin Harrald

Pastoral Care Worker





Renmark
Children's Centre
for Early Childhood
Development and Parenting



Government of South Australia
Department for Education

Being With BIG Feelings for Dads

'Being With Big Feelings' is focused on supporting dads to better understand the emotional world of their children. This program is being run in partnership with Relationships Australia and the Renmark Children's Centre.



When: Commencing Wednesday June 6th for 4 weeks.

Where: Renmark Children's Centre

Time: 6pm-8pm (every Wednesday)

Cost: Free

Light dinner and crèche provided

To book in or find out more please contact Sarah at the
Renmark Children's Centre on 85866063 or Brad at

Relationships Australia on 85824122

Relationships Australia

SOUTH AUSTRALIA